



MONTHLY NEWSLETTER

**SUNRISE ACADEMY MANAGEMENT SOCIETY,
DEHRADUN**



PLEDGE AGAINST DRUG ABUSE

On 3rd August 2026, the B.Ed. students took a solemn pledge for a Drug Abuse-Free Society. They committed to staying away from harmful substances, promoting healthy lifestyles, and spreading awareness about the dangers of drug abuse. As future teachers, they recognised their responsibility to guide young minds towards positive choices, self-discipline, and healthy habits, contributing to a safer and healthier society.

VIVA VOCE & CREATIVE ART WORK

The Pupil-teachers of the First Semester B.Ed. Batch 2025-27 appeared on 8th August for their practical examination with enthusiasm, confidence and dedication.

The examination provided them with an opportunity to demonstrate their academic understanding, practical skills and creativity developed during the semester. During the viva-voce, the pupil-teachers responded confidently to the questions posed by the examiners, reflecting their conceptual clarity and preparedness.

They also showcased their creative artwork and literary skills, highlighting their imagination, originality and individual talents. The practical examination served as a valuable platform for the pupil-teachers to exhibit their knowledge, creativity, communication skills and professional confidence, marking an important step towards becoming competent and inspiring teachers.



MICRO TEACHING



Mastering the skill of using teaching aids is essential for effective teaching. Teaching aids make classroom learning more interesting, meaningful and learner-centred.

They help simplify difficult and abstract concepts through visual, audio and interactive experiences. Pupil-teachers are encouraged to use charts, models, maps, flashcards, digital presentations and other resources according to the learning objectives and needs of learners.

Proper use of teaching aids improves students' attention, participation and retention. Developing this skill enables future teachers to create engaging, inclusive and stimulating classroom experiences.

INDEPENDENCE DAY CELEBRATION

The Independence Day celebration on 15th August brought together the Management, dignitaries, educators, and pupil-teachers in a spirit of unity, patriotism, and national pride.

The programme commenced with the unfurling of the National Flag, followed by the National Anthem, creating an atmosphere of patriotism and reverence for the nation. The gathering paid heartfelt tribute to the freedom fighters whose sacrifices and contributions laid the foundation of an independent India.

The dignitaries and educators highlighted the significance of Independence Day and encouraged the pupil-teachers to uphold the values of freedom, democracy, equality, unity, and social responsibility.

Cultural presentations and patriotic activities further enriched the spirit of the celebration.

The programme concluded with a renewed commitment to contribute towards building a strong, inclusive, progressive, and prosperous India.



HELPING HAND

The Management, Staff, and Pupil-Teachers of Sunrise Academy Management Society, College of Education extended support to families affected by the devastating floods in Assam. As a meaningful gesture of community service, they collectively donated essential food items, medical supplies, and daily-use necessities to the flood-affected families.

The initiative reflected the institution's commitment to compassion, empathy, social responsibility, and service to humanity. It also encouraged pupil-teachers to understand the importance of standing with communities during times of crisis and contributing towards the well-being of society. The effort demonstrated that even a small act of kindness can bring hope and relief to those in need.



ANTI RAGGING WEEK

Anti-Ragging Week 2026 was observed on the campus from 12 to 18 August 2026 with active participation and enthusiasm. The programme focused on the themes "Say No to Ragging – Build a Safe, Respectful and Inclusive Campus" and "Say NO to Ragging, YES to Respect."

Under the chairmanship of Dr. Poonam Sharma, Principal, and the guidance of Mrs. Usha Negi, Convener, Anti-Ragging Cell, the Pupil-teachers of Second Semester B.Ed. Batch 2025–27 participated in Slogan Writing and Poster Making Competitions on 17 August 2026.

Through creative artwork and impactful slogans, the participants highlighted the harmful consequences of ragging and promoted values of dignity, empathy, mutual respect and inclusivity.

Poster Making: Ms. Muskan Negi – First Position; Ms. Shivani Rajput – Second Position.

Slogan Writing: Ms. Pushpa – First Position; Mrs. Manisha Kohli – Second Position.

